



THE OAK ROOM

Monday, October 12, 2020

Breakfast Feature

Hash Browns and Vegetarian Sausage

Breakfast Burrito (Eggs, Vegetables, and Salsa, with Side of Sour Cream)

Breakfast Offerings

Hot Cereal: Oatmeal

Cereal: Raisin Bran, Rice Krispies, Corn Flakes, Special K, Froot Loops,
Frosted Flakes, Honey Nut Cheerios

Fruits: Apple, Banana, Oranges, Prunes, Strawberries, Blueberries

Cold Items: Cottage Cheese or Yogurt

Danish, Muffin or Donut

Breads: White, Wheat, Rye, English Muffin, Croissant

Bagel: Plain, Whole Wheat, Rye, Everything

Eggs: Poached, Scrambled, Fried, Over Easy, Sunny Side Up

Omelet: Egg Whites, Cheese, Onions, Mushrooms, Peppers, Tomatoes, Sausage

Beverages

Orange Juice, Apple Juice, Prune Juice, Milk, Chocolate Milk
Cranberry Juice, Grape Juice, Hot Tea, Coffee, Water